



## ***Sports Enhancement Training***

# **ADULT FITNESS BOOTCAMP**

- **Acceleration Boot Camp is for EVERYBODY!**
- **Acceleration Boot Camp is a FUN way to meet new fitness goals and new people in a small group setting!**
- **Acceleration Boot Camp is SAFE. . .everybody works at their own pace!**
- **Acceleration Boot Camp will help you to LOSE WEIGHT!**
- **Acceleration Boot Camp will provide A STRUCTURED WORKOUT PROGRAM!**
- **GUARANTEED TO IMPROVE YOUR FITNESS AND OVER-ALL ATHLETICISM**

**PAY ONE MONTHLY PRICE AND COME AS MANY TIMES AS YOU LIKE!**

**MONTHLY FEE: \$120 OR \$15 PER CLASS**

**MON THRU FRI 6:00-7:00am**

**MON THRU THUR 5:30-6:30pm**

**MON/WED 1:00-2:00pm**

Access Acceleration Sports  
Enhancement Training  
Access Health Building  
1 Hampton Road, Suite 106  
Exeter, NH 03833

KarenKay@accessacceleration.com  
603-778-4890

**ACCESS ACCELERATION SPORTS ENHANCEMENT  
TRAINING**

**BOOTCAMP**

**"TRAIN FOR YOUR GAME"**

**ADULT FITNESS BOOTCAMP**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**FEE: \$120 PER MONTH OR \$15.00 PER CLASS**

- Monthly Payment Is Due On The First Of Each Month
- **YOU MAY ATTEND AS MANY CLASSES AS YOU WANT FOR THE MONTHLY FEE AND YOU MAY VARY YOUR TIMES. . .PLEASE INFORM TRAINER CRAIG FAVARA OF YOUR CHOICES FOR PLANNING PURPOSES!!**

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